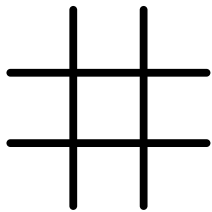


Simple, Fun, Family Games

Check out these steps for 4 different games that will keep you moving together using only household items!

Tic-Tac-Toe, Go:

- Draw a large Tic-Tac-Toe diagram on a blank sheet of paper.
- Grab 2 spoons and wad-up 5 balls of paper of one color, and 5 balls of another color or using a different type of paper.
- The Tic-Tac-Toe board will be placed on one side of the room and the balls of paper, spoons, and starting line is on the other side of the room. You will race to the board with a ball of paper on your spoon, to place it on the game-board. If the ball of paper falls off before you set it on the board, you must start that trip over from the starting line. First person to make 3-in-a-row wins!



Rock, Paper, Scissors, Sit:

- Two people start by facing each other standing in front of chairs. Play "Rock, Paper, Scissors." Reminder for the rules; Rock beats Scissors, which beats Paper, which beats Rock!
- Each time you lose, bend or squat a little towards the seat of your chair. You cannot look at your own chair! Continue playing "Rock, Paper, Scissors."
- The game ends when the first person touches their chair!



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Magic Carpet Race:

- Choose a starting line and a finish line. They may both be the same location if you're racing to a location and back to the starting line.
- You will need hard floors without carpeting to play this game.
- Stand side-ways on a large towel. Race by sliding your feet and moving with the towel. Feet always remain on the towel! Include more family members by making this a relay race!



Pillow Race:

- Begin the race by holding a pillow between your knees.
- Race by walking, running, or hopping.
- If the pillow falls and touches the ground, you must restart that trip from the start line.
- Play by scoring points and playing to a specific point limit or make it a relay race!

