Strawberry Salsa

This fresh, sweet and spicy salsa is a great summer snack. Try serving with tortilla chips!

Makes: 2 cups/ 16 servings

Source: FoodHero.org recipe/Strawberry Salsa

Ingredients

- 1 ½ cups fresh strawberries, chopped small (about 1/2 pound)
- 1/2 jalapeno pepper, minced
- 1/4 cup onion, minced
- · 2 tablespoons cilantro, finely chopped
- 1 1/2 teaspoons lime juice

Directions

- Mix all ingredients together in a bowl. Flavors will blend if refrigerated for 30 minutes or more before serving.
- 2. Refrigerate leftovers within 2 hours.

Utensils Needed

- Bowl for mixing/serving
- Knife
- Cutting Board
- Spoon



Small Changes, BIG Difference!



Nutrition Information

Serving Size: 2 Tablespoons	
Nutrients	Amoun
Calories:	5
Total Fat:	<u>0 g</u>
Saturated Fat:	<u>0 g</u>
Cholesterol:	0 mg
Sodium:	0 mg
Total Carbohydrates:	<u>2 g</u>
Dietary Fiber:	<u>0 g</u>
Total Sugars:	<u>1 g</u>
Added Sugars:	0 0
Protein	0 0



SHOPPING LIST

Average total cost without oil and seasonings: \$5.42

Average cost/serving: \$0.34

Makes: 16 Servings

Note: The below list of ingredients is a suggestion. Similar ingredients may be purchased based on preference, diet restrictions, budget and location.

Ingredients



Add 1 to Cart Fresh Strawberries 1 lb



Add 1 to Cart Fresh Cilantro



Add 1 to Cart Jalapeno Pepper



Add 1 to Cart Lime Juice



Add 1 to Cart Yellow Onion

SAVE TIME, SAVE MONEY

My Cooking Notes

Storage Tips

Your strawberries should last up to two weeks. Cutting
the stems off a strawberry and placing them in a
container is the most common way to store
strawberries. For this method, you don't need to wash
the berries until you're ready to use them.

Similar Recipes

- Cut on costs by reusing these ingredients in other recipes such as:
- Strawberry Cucumber Salad
- Strawberry Sipper Water

