

SNAP-Ed New York Annual Conference 2021

SNAP-Ed NY Statewide Virtual Conference is a dynamic event scheduled for November 3-4, 2021. This year's conference theme is "Better than Basics". The recordings are now available! Through live virtual activities, participants will gain knowledge, skills, and abilities that they can add to their own "SNAP-Ed Toolkits."

Day 1: Wednesday November 3, 2021	
	<p>Morning Meditation with Ora Kemp, New York Common Pantry (Optional)</p> <p><i>Join some of your peers for a little morning meditation</i></p>
<u>RECORDING</u>	<p>Welcome to "Better than Basics" – Opening Session</p> <p><i>We welcome everyone to join us for a brief opening session that will take us on a journey reflecting on the past, acknowledging the present and looking to the future. Take a trip around the state and learn a little something about each region/agency. Special thanks to Erica Dahl, Mike Zombek and the many educators who took time out of their days to share their perspectives through it all.</i></p> <p>Speakers: Sean Hayes, Assistant Statewide Coordinator SNAP Nutrition Education and Outreach & SNAP-Ed Project Managers.</p>
<u>RECORDING</u>	<p>Nutrition Resources for Every Life Stage: Explore the USDA Library</p> <p><i>Find free, credible nutrition education materials for every life stage at USDA's National Agricultural Library (NAL). In this session, NAL's Registered Dietitian will introduce the Nutrition.gov, Food and Nutrition Information Center, and Historical Dietary Guidance Digital Collection websites.</i></p> <p>Presenter: Colleen Sideck, MPH, RDN, USDA</p>
<u>RECORDING</u>	<p>Building the Foundation for Sustainable Systems Change Partnerships (Part 1 of 2)</p> <p><i>Creating sustainable takes teamwork and partners. Discuss ways in which we can better connect to our partners and stakeholders through an engaging presentation that has you take a deeper look at your neighborhood and the partners who are right next door.</i></p> <p>Presenter: Kolia Souza, Food System Equity and Advocacy Specialist for Michigan State University, Center for Regional Food Systems.</p>
	<p>The Storyboarding Formula</p> <p><i>Echo Rivera is back! Join her in part 1 of her 2-part series enhancing our PowerPoint and presentation skills beyond the basics. In this session she talks about how you can build an organized, structured talk with some narrative storytelling elements to keep your partners and stakeholders engaged.</i></p> <p>Presenter: Echo Rivera, Creative Research Communications</p>
	<p>Lunch 1: Let's chat! (optional)</p> <p><i>Peers around the state are welcome to come to the "restaurant" and join others at a table (breakout room) to chat just like you would at the in-person conference.</i></p>
	<p>Lunch 2: Get Moving (optional)</p> <p><i>Join Laura Rios Ruggiero, of Body Bonita, LLC, for a virtual Zumba class to get you moving!</i></p>
<u>RECORDING</u>	<p>USDA Tools and Resource – What's NEW?!</p> <p><i>The new Dietary Guidelines for Americans, 2020-2025, takes a unique life stage approach and provides science-based advice on what to eat and drink to promote health, reduce risk of chronic disease, and meet nutrient needs. The purpose of this session is to explore the four overarching guidelines outlined in the current Dietary Guidelines for Americans as well as identify evidence-based nutrition resources for SNAP-ED staff to use to empower SNAP participants, families, and local communities.</i></p> <p>Presenter: Dennis Anderson-Villaluz, MBA, RD, LDN, FAND</p>

Day 1: Wednesday November 3, 2021

<u>RECORDING</u>	<p>Many Hands Make Light Work – Family Engagement (Part 1 of 2)</p> <p><i>Pinnacle Partnerships will journey with attendees through a discussion highlighting the core tenets underpinning family engagement and how to harness its inherent power to drive and sustain effective healthy behaviors. We will examine the role that culture, socioeconomic status, and language play in our daily lives and how closely tied these components are to our everyday choices.</i></p> <p>Presenters: Kristi Glenn & Dahyana Schlosser, Pinnacle Partnerships</p>
	<p>Principles for Belonging and the Bias-Aggression connection.</p> <p><i>We will learn the principles for gatherings that act as community agreements for fostering safe space for participants to connect more deeply in programming. We will also acknowledge bias and how it manifests unintentional or subliminal aggression which may prevent connection and belonging. Smaller group conversation will be used for reflection and practice.</i></p> <p>Presenters: Adam Bullock, SNAP-Ed Nutrition Educator, CCE Wayne County & Patty Amidon, SNAP-Ed Project Manager, CCE Allegany County</p>

Day 2: Thursday November 4, 2021

	<p>Morning Meditation with Ora (Optional)</p> <p><i>Join some of your peers for a little morning meditation</i></p>
	<p>Compassionate Core Messaging</p> <p><i>Leah's Pantry is back, giving practical ways to apply our Trauma Informed Nutrition training into our daily work through compassionate messaging. How can we stay true to our USDA core messaging while being relevant and compassionate to our audience.</i></p> <p>Presenters: Adrienne Markworth, Leah's Pantry</p>
<u>RECORDING</u>	<p>Let's Get Physical: Opening Doors with Physical Activity</p> <p><i>Join Erica Dahl and Bintou Hinds as they explore new research on physical activity and how it can be used as a method of radical self-care to improve mental health, social and emotional wellness, and occupational and academic performance. After the presentation, learn how you can make it your own to share with a variety of audiences, including school staff and community agencies in you region..</i></p> <p>Presenter: Erica Dahl, SNAP-Ed Nutrition Educator, CCE Orange County & Bintou Hinds, SNAP-Ed Hudson Valley Regional PSE Coordinator</p>
<u>RECORDING</u>	<p>Hybrid Teaching and Learning? Yes, we can!</p> <p><i>While 2020 brought some challenges for turning in person learning into virtual learning, 2021 is bringing a whole new challenge – meeting everyone where they are. Hybrid learning, at this point is a catch phrase that includes a variety of styles, technologies, equipment, and expectations. All that said – a little planning can go a long way. In this session we will cover some good practices for setting expectations, engaging your audience when you are remote...or they are partly remote, anticipating equipment issues/concerns and above all...bringing yourself and your skills to the table to engage people in extension education and have a good teaching and learning experience.</i></p> <p>Presenter: Celeste Carmichael, MS Instructional Design – Online Learning, Cornell Cooperative Extension</p>

<p>RECORDING</p>	<p>Building the Foundation for Sustainable Systems Change Partnerships (Part 2 of 2)</p> <p><i>Creating sustainable takes teamwork and partners. Discuss ways in which we can better connect to our partners and stakeholders through an engaging presentation that has you take a deeper look at your neighborhood and the partners who are right next door.</i></p> <p>Presenter: Kolia Souza, Food System Equity and Advocacy Specialist for Michigan State University, Center for Regional Food Systems.</p>
<p style="text-align: center;">Day 2: Thursday November 4, 2021</p>	
	<p>How to present data effectively</p> <p><i>Join us for part 2 of Echo’s series and participate in an audience favorite as she will show us before and after makeovers of some of our PSE presentations. See our data come to life and see everything we’ve learned up until now get applied to data visualizations.</i></p> <p>Presenter: Echo Rivera, Creative Research Communications</p>
<p>RECORDING</p>	<p>Lunch 1: Work/life balance, is there such a thing? (optional)</p> <p><i>Join in on an engaging discussion that will help you identify what burnout archetype you are and how you can make small changes to create or restore balance in your world.</i></p> <p>Presenter: Mallory Jackson, SUNY Jefferson</p>
<p>RECORDING</p>	<p>Lunch 2: Gallery Walk with SNAP-Ed Nutritionists (optional)</p> <p><i>Join some of our most creative peers from around the state as we take a gallery walk and view some creative and unique ways to create displays and eye-catching tools to share our messaging. From blubber burgers, to amazing displays. Find an idea pick it up and all day long you will have “Good Luck!” Thank you to our SNAP-Ed Educators for taking the time to share your creative ideas and engaging tools.</i></p> <p>Presenters: Leah McCaskey, Kelsey Monks, Joan Martin, Michelle Weiler, Hailee Bloom, Sergi Ramirez Maria Vele & Juana Huertas Moderator: Carolina Espinosa</p>
<p>RECORDING</p>	<p>“X” Marks the Spot: The Intersection of Dietary Guidelines, Food Culture and Inclusivity</p> <p><i>After several amazing presentations and trainings on trauma informed nutrition and striving to be inclusive, let’s talk about looking forward and what ideas, suggestions, lessons learned we can share with each other.</i></p> <p>Moderators: Maggie McHugh, CCE Wayne County & Shayna Russo, CCE Orange County</p>
<p>RECORDING</p>	<p>Many Hands Make Light Work – Family Engagement (Part 2 of 2)</p> <p><i>Attendees will learn the role culture and prioritization take in our decision-making process of what does and what doesn’t fit into our bigger picture. In this workshop, attendees will build the picture frame together so that when attendees stand back, they can see clearly what effective family engagement strategies are made of.</i></p> <p>Presenters: Kristi Glenn & Dahyana Schlosser, Pinnacle Partnerships</p>
<p>RECORDING</p>	<p>SNAP Express Launch and training</p> <p><i>Finally, the time is here to launch SNAP Express statewide. Let’s dive in and order a SNAP Express meal kit and think of ways that it can be used in your education</i></p> <p>Presenters: Ashly Ninteman and Robert Gaudian, MediaForce LLC</p>